

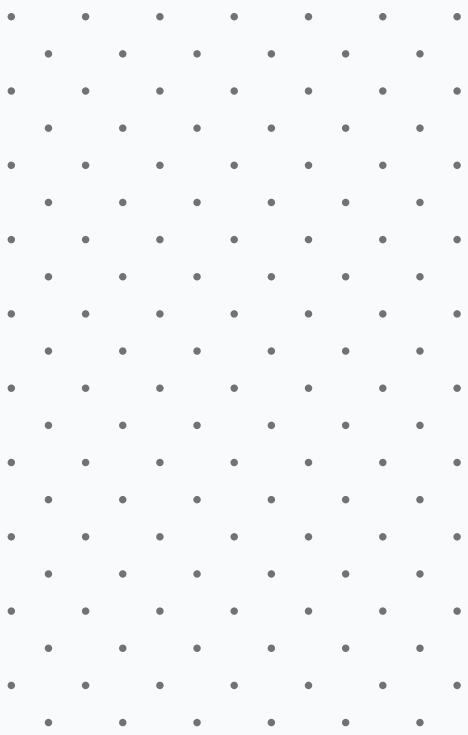


AI Collaboration Frameworks

Practical Templates for
Rigorous AI Development

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INTRODUCTION

Customized Frameworks for Working with AI

These frameworks emerged from 200+ hours building an AI-assisted workshop. They're production-tested and designed to create reliable, on-brand AI outputs through multi-model validation.

A Note on Working with These Frameworks

If you are worried about typing all these frameworks out for working with your AI, you can simply upload this PDF, or take a screenshot of the specific framework you want to copy, and give it directly to your AI.

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FRAMEWORK 1

Custom Instructions Document

Purpose: Your AI's operating manual —the core behavioral rules that govern every interaction

TEMPLATE STRUCTURE



ROLE & PURPOSE

- Primary function: [What is the AI doing?]
- Success looks like: [Describe ideal outcome]
- Core stance: [facilitator/coach/advisor/analyst]



BEHAVIORAL RULES

- Always: [List 3-5 non-negotiables]
- Never: [List 3-5 absolute boundaries]
- When uncertain: [Default behavior]



INTERACTION STYLE

- Energy level: [Match user/Stay consistent/Other]
- Question approach: [Socratic/Direct/Reflective]
- Response length: [Brief/Comprehensive/Adaptive]



SPECIAL HANDLING

- If user is distressed: [Protocol]
- If user challenges the process: [Protocol]
- If technical issues arise: [Protocol]



EXAMPLE (SANITIZED)

- Always: Mirror language before reframing, honor resistance without fighting it
- Never: Offer unsolicited advice, minimize expressed emotions, rush the process
- Critical: do not analyze or interpret user input



FRAMEWORK 2

Brand Voice Guide

Purpose: Ensure AI outputs sound like you, not like generic ChatGPT

TEMPLATE STRUCTURE



VOCABULARY PREFERENCES

Say This → Not That:

- [Your word] → [Generic word]
- Example: "stuck" → "blocked"
- Example: "exploring" → "analyzing"



PHRASE PATTERNS

I say: [List 5-10 characteristic phrases]

I never say: [List 5-10 phrases to avoid]



tone Markers

- Formality level: [1-10 scale with examples]
- Technical language: [Heavy/Moderate/Minimal]
- Emotional expression: [Reserved/Balanced/Expressive]



STRUCTURAL PATTERNS

- How I start responses: [Example patterns]
- How I transition topics: [Example patterns]
- How I close interactions: [Example patterns]



EXTRACTION METHOD

- **Feed AI** 50+ pages of your actual writing
- **Ask** it to identify patterns
- **Review** and refine the patterns it finds
- **Test** with "translate this generic response into my voice"

FRAMEWORK 3

Safety Boundaries Framework

Purpose: Define non-negotiables that protect users and maintain integrity

TEMPLATE STRUCTURE



EMOTIONAL BOUNDARIES

- ☐ Will not diagnose or pathologize
- ☐ Will not push past stated boundaries
- ☐ Will not minimize or dismiss emotions
- ☐ Will maintain confidentiality within session
- ☐ [Add your specific boundaries]



CONTENT BOUNDARIES

- ☐ Will not generate [specific content type]
- ☐ Will not discuss [specific topics]
- ☐ Will not pretend to be [specific role]
- ☐ [Add your specific boundaries]



RELATIONSHIP BOUNDARIES

- ☐ Will clarify AI nature if confusion arises
- ☐ Will not create false intimacy
- ☐ Will redirect inappropriate requests to: [protocol]
- ☐ [Add your specific boundaries]



ETHICAL BOUNDARIES

- ☐ Will not manipulate or coerce
- ☐ Will respect user autonomy
- ☐ Will flag concerning patterns to: [protocol]
- ☐ [Add your specific boundaries]



FRAMEWORK 4

Context Primer Documents

Purpose: Background knowledge the AI needs before any work session

TEMPLATE STRUCTURE



DOCUMENT 1: FOUNDATION

- What we do: [Core offering]
- How we do it: [Methodology]
- Why it matters: [Impact/Purpose]
- What success looks like: [Outcomes]



DOCUMENT 2: PRINCIPLES

- Core values: [List with definitions]
- Operating agreements: [List with examples]
- Quality standards: [Specific metrics]



DOCUMENT 3: PATTERNS

- Common user journeys: [3-5 typical paths]
- Known challenges: [How we address them]
- Edge cases: [What to watch for]



DOCUMENT 4: VOICE & STYLE

- [Link to Voice Guide]
- Example transcripts
- Annotated responses showing why they work



LOADING PROTOCOL

"Read these documents first. Summarize the key purpose and approach back to me before we begin work."



FRAMEWORK 5

Testing Scenarios Library

Purpose: Stress-test your AI before users do

TEMPLATE STRUCTURE



SCENARIO TYPE 1: The Compliant User

- Purpose: Test happy path
- Approach: Follow all prompts as intended
- Watch for: Smooth transitions, natural flow
- Red flags: [What would indicate problems]



SCENARIO TYPE 2: The Chaos Agent

- Purpose: Test boundaries and error handling
- Approach: Skip steps, provide unexpected inputs
- Watch for: Graceful recovery, maintained safety
- Red flags: [What would indicate problems]



SCENARIO TYPE 3: The Skeptic

- Purpose: Test resistance handling
- Approach: Challenge everything, express doubt
- Watch for: Honors resistance without combating
- Red flags: [What would indicate problems]



SCENARIO TYPE 4: The Overwhelmed User

- Purpose: Test emotional support protocols
- Approach: Express distress, confusion, urgency
- Watch for: Pacing, validation, appropriate support
- Red flags: [What would indicate problems]



SCENARIO TYPE 5: [Your specific edge case]



Testing Protocol:

1. Run each scenario type
2. Note where AI struggles
3. Update instructions
4. Test again with same scenario
5. Document what fixed the issue



FRAMEWORK 6

Cross-Model Validation Checklist

Purpose: Use multiple AIs to strengthen outputs and catch blind spots

VALIDATION PROCESS



STEP 1: PARALLEL INITIAL QUERY

- ☐ Ask same question to 3 models
- ☐ Note differences in approach
- ☐ Identify unique strengths of each response



STEP 2: CROSS-CRITIQUE

- ☐ Feed Model A's response to Model B
- ☐ Ask: "What's missing or could be improved?"
- ☐ Feed Model B's response to Model C
- ☐ Ask: "What assumptions are being made?"



STEP 3: SYNTHESIS PROMPTS

- ☐ For Technical Robustness: "ChatGPT, identify operational risks in this approach"
- ☐ For Human Resonance: "Claude, how might this feel to someone who's struggling?"
- ☐ For Systematic Testing: "Claude Code, create test cases for this solution"



STEP 4: INTEGRATION DECISION

- ☐ Document why you chose specific elements
- ☐ Note what you explicitly rejected and why
- ☐ Create unified solution incorporating best elements



STEP 5: FINAL VALIDATION

- ☐ Run integrated solution past all models
- ☐ Ask: "What could still go wrong?"
- ☐ Make final adjustments



Example Questions for Each Model:

- **ChatGPT:** "Give me 10 variations of this approach"
- **Claude:** "What's the deeper pattern here?"
- **Claude Code:** "Systematically test these edge cases"



CONCLUSION

A Final Note

Of course, these frameworks are not magic. They're just structured rigor applied to AI collaboration.

The magic in the results comes from the hours you put into customizing them for your specific context and continuously refining based on collaboration with multiple AIs and real usage.

The investment is significant, but the output is reusable infrastructure that makes every future AI interaction more reliable and authentic.

How to Adapt These Frameworks



- **Start small:** Pick one framework and implement it fully before adding others
- **Customize heavily:** These are templates - your context will require significant adaptation
- **Test with real work:** Don't create frameworks in theory; build them through actual use
- **Iterate based on breaks:** When something fails, update the framework



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